

## Keep Exercise

**A** Match the phrases with **keep** with their meanings and then translate them.

	Meaning	Translation
1- How do you keep up to date?	.... a – Why are you late? ⇨	.....
2- Don't stop. Keep going.	.... b – It keeps me in shape ⇨	.....
3- Tennis keeps me fit.	.... c – How do you stay ahead? ⇨	.....
4- What kept you?	.... d – Continue. ⇨	.....
5- It keeps you from danger.	.... e – It prevents it ⇨	.....
6- Keep an eye on it.	.... f –He's always talking about it. ⇨	.....
7- He keeps on about it.	.... g – Watch it. ⇨	.....

**B** Fill the gaps using the words in the box.

awake   going   up to date  
 fit   on   you  
 from   quiet   your eye

- 1 I don't want anyone to know so please keep ..... about it.
- 2 Would you mind keeping ..... on my bag while I go to the loo?
- 3 Last Thursday the neighbours kept me ..... all night with their loud music.
- 4 You're really late. What kept .....?
- 5 A healthy balanced diet will keep you ..... getting ill.
- 6 I go jogging in the park twice a week to help keep me .....
- 7 Don't stop. Keep .....
- 8 My granny keeps ..... asking me the same questions over and over again.
- 9 I go to conferences and trade fairs in order to keep ..... with my sector.

**C** Now make up some examples of your own.

- 1 .....
- 2 .....
- 3 .....
- 4 .....





### Answers

#### A

1-C 2-D 3-B 4-A 5-E 6-G 7-F

#### B

- 1 I don't want anyone to know so please keep quiet about it.
- 2 Would you mind keeping your eye on my bag while I go to the loo?
- 3 Last Thursday the neighbours kept me awake all night with their loud music.
- 4 You're really late. What kept you?
- 5 A healthy balanced diet will keep you from getting ill.
- 6 I go jogging in the park twice a week to help keep me fit.
- 7 Don't stop. Keep going.
- 8 My granny keeps on asking me the same questions over and over again.
- 9 I go to conferences and trade fairs in order to keep up to date with my sector.

